

 **BREAKFAST**

 **LUNCH**

# SEPTEMBER 2022

## RED BLUFF UNION ELEMENTARY

All Children **FREE**  
Breakfast and Lunch Daily



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



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H A P P Y  
**LABOR DAY**



Sausage English Muffin **6**  
Teriyaki Blasters  
Rice  
Banana  
Carrots

Oatmeal **7**  
Chicken Sandwich  
Shredded Lettuce  
Crinkle Fries  
Strawberries

Coffee Cake Pan Bread **1**  
Chili Dogs  
Corn  
Banana  
Sugar Cookie

Breakfast Pizza **2**  
Bean & Cheese Quesadilla  
Mixed Vegetables  
Watermelon  
Graham Crackers

Cinni-Mini's **12**  
Taco Stick  
Grape Tomatoes  
Cranberry Fruit  
Tiger Bites

Assorted Cereal **13**  
Chicken Drumsticks  
Corn Bread Muffin  
Ranch Beans  
Berry Cup

Cranberry Scone **14**  
Corn Dog  
Cool Tropic Slush  
Corn   
Biscuit

Blueberry Mini Waffles **8**  
Bean and Cheese Burrito  
Tossed Salad  
Mixed Fruit  
Bag of Crackers

Assorted Cereal **9**  
**SACK LUNCH DAY**  
PB&J Uncrustable  
Baby Carrots  
Apple Slices  
Scooby Crackers

Pancakes **11**  
Chicken Nuggets  
Green Beans  
Sliced Apples  
Nutrition Crackers

Asst. Cereal **20**  
Pepperoni Pizza  
Tossed Green Salad  
Watermelon  
Bag of Crackers

Breakfast Burrito **21**  
Hamburger  
Shredded Lettuce & Pickle  
Seasoned Fries  
Banana

Cinnamon Crumble **15**  
Salisbury Steak  
Smiling Potatoes  
Cooked Carrots  
Box of Raisins

French Toast Sticks **16**  
Popcorn Chicken  
Green Salad  
Biscuit  
Banana

National  
Pepperoni  
Pizza Day

Egg & Cheese Bagel **26**  
Bean and Cheese Burrito  
Rice  
Graham Crackers  
Pears

Egg Sausage Bites **27**  
Spaghetti  
Green Salad  
Garlic Bread  
Fruit Cup

**WORLD MILK DAY**  
Assorted Cereal **28**  
Chicken Strips  
Sweet Potato Fries  
We Got Milk Crackers  
Sliced Apples

Sausage & Egg Bagel **22**  
Mini Corn Dogs  
Seasoned Beans  
Peach Cup  
Mini Chocolate Chip

Assorted Cereal **23**  
Rib-b-Que  
Shredded Lettuce  
Cherry Tomatoes  
Applesauce Cup

**Breakfast includes:** Milk Choice & Fruit

**Lunch's include:** Milk Choices, Fruit and Vegetables