

BREAKFAST

LUNCH

SEPTEMBER 2023 RED BLUFF UNION ELEMENTARY

All Children FREE
Breakfast and Lunch Daily

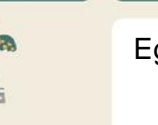
Monday

Tuesday

Wednesday

Thursday

Friday



Egg & Sausage Bagel **1**
Taco Stick
Green Beans
Scooby Crackers
Applesauce Cup

HAPPY LABOR DAY

Assorted Cereal **5**
Cheese Pizza
Green Salad
Bag of Crackers
Watermelon

French Toast **6**
Popcorn Chicken
Green Beans
Aloha Roll
Cranberries

Lemon Scone **7**
Teriyaki Beef Blasters
Seasoned Beans
Bread Stick
Strawberry Cup

Blueberry Bash Waffles **8**
Cheeseburger
Shredded Lettuce & Pickle
Curly Fries
Banana

French Toast Sticks **11**
Rib-B-Que
Shredded Lettuce
Grape Tomatoes
Watermelon

Egg Sausage Bagel **12**
Chili Cheese Burrito
Celery
Bear Crackers
Grapes

Apple Frudel **13**
Corn Dog
Black Beans
Sprinkle Cookie
Banana

Assorted Cereal **14**
Spaghetti
Green Salad
Garlic Bread Stick
Fruit Cup

Mini Triple French Toast **15**
SACK LUNCH DAY
PB&J Uncrustable
Baby Carrots & Apple
Slices
Sport Crackers

Assorted Cereal **18**
Cheeseburger Sliders
Baked Beans
Shredded Lettuce
Mixed Berry Cup

Chocolate Chip Scone **19**
Chicken Nuggets
Cooked Broccoli
Biscuits
Applesauce Cups

Sausage English Muffin **20**
Spicy Chicken Sandwich
French Fries
Shredded Lettuce & Pickle
Grapes

French Toast Sticks **21**
Pepperoni Pizza
Baby Carrots
Animal Crackers
Banana

Egg Bake **22**
Orange Chicken
Rice
Celery Sticks
Sliced Apples

Blueberry Waffles **25**
Chicken Drumsticks
Rice
Cucumber Slices
Apple Slices

Cherry Frudel **26**
Macaroni & Cheese
Bread Stick
Baby Carrots
Banana

Cook's Choice Breakfast **27**
Salisbury Steak
Mashed Potatoes
Green Beans
Aloha Roll
Peach Cup

Cinnamon Roll **28**
Pizza Pocket
Green Beans
Graham Cracker
Grapes

Assorted Cereal **29**
BREAKFAST FOR LUNCH
Bacon Scrambled Eggs
Tater Tots
Applesauce Cup
English Muffin

Breakfast includes: Milk Choice & Fruit

Lunch's include: Milk Choices, Fruit and Vegetables

This Institution is an Equal Opportunity Provider

Menu subject to change