

# **RBUESD PPE Facial Coverings Procedures**

## **Face Coverings**

Wear your Face Covering Correctly

Wash your hands before putting on your face covering

## **Disposable Masks**

- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Fit it tightly at your nose area
- Dispose of it at the end of the day

## **Cloth Masks**

- Fit snugly but comfortably against the side of the face.
- Be secured with ties or ear loops.
- Include multiple layers of fabric.
- Allow for breathing without restriction.
- Be able to be laundered and machine dried without damage or change to shape.
- Suggested to be laundered daily

## **Face Shields**

- Do you need to wear a face shield and a face mask together?  
While surgeons and other skilled medical professionals wear face shields over face masks, it's not necessary for the average person to do so. However, it's good to keep social distancing guidelines in mind when wearing your face shield in public to maximize its effectiveness.
- You can sterilize it with an antibacterial wipe, alcohol pad or good old soap and water.
- Face shields are reusable,
- Put your name on it.